

# Gym Participant Waiver

--ONLY REQUIRED THE FIRST TIME USING THE GYM--

By completing this form, I assume any risk and take full responsibility and waive any claims of personal injury, death or damage to personal property facilities while participating in activities in St Dominic Catholic Church facilities. I have read the full waiver (posted on the gym doors) and GYM RULES and agree to both.

I understand and confirm that by completing this form I am providing proof of my intention to execute a complete and unconditional WAIVER AND RELEASE of all liability to the full extent of the law.

I am 18 years of age or older and mentally competent to enter into this waiver on behalf myself or a minor under my care.

I will not assist anyone with circumventing our requirements to utilize our facility.

## **By signing this waiver you agree to all of the following:**

- I have read the full waiver and agree (posted next to this Sign In QR code
- I will be respectful of all participants and staff
- I will treat any equipment used with care
- Only Water Allowed (No food or other drinks)
- Clean up after yourselves (sweep if needed, dependent on activity)

## **Participant Name(s)**

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## **Parent Name**

If you are signing on behalf of a minor (youth 17 and under):

Please be aware that you need to remain in the gym with your kids at all times during open gym times.

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**Contact (Phone or Email)** Please provide a way to contact you if items are left.

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